

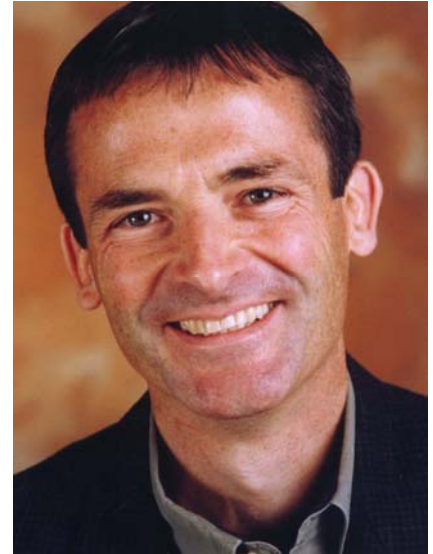
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## Introduction to Hugh D. Culver, MBA, CSP

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Highly sought after keynote speaker and corporate trainer, Hugh D. Culver, MBA is an Ironman Competitor, Mountain Climber, 10 time Marathoner and successful businessman. His powerful keynote presentations and training programs are thoroughly researched, content-rich and delivered with a passion for creating lasting change in audience's lives.

Hugh's humour and insights will entertain and educate your audience to the powerful choices that are always available in their work and their lives. His programs focus on Leadership, Motivation and Inspiration, Conflict Management, Time Management, and Personal Leadership in the workplace.



As the past owner of the world's only tourism company in Antarctica, Hugh's best-known keynote presentations are based on incredible stories of adventures, misadventures and successes that even include golfing at the North Pole!

For the past 16 years, Hugh has presented his special blend of street smarts, humour and passion to over 450 organizations, including: Imperial Oil, Royal Bank of Canada, Sun Rype Products, Telus, Red Cross, KPMG as well as three universities and four colleges.

Hugh spent 15 years as a professional whitewater guide and manager of the largest adventure travel company in Western Canada. He pioneered and marketed adventure tours to the South Pole, mountain climbing expeditions and even golfing at the North Pole!

In addition to his training work, Hugh launched the largest conference in Canada on "Spirit in the Workplace" for business leaders, as well as the Dare2Dream™ youth leadership sea kayaking program on the West Coast of British Columbia.

Hugh also likes to create big wins in his personal life. He is a four time Ironman competitor, 10 time marathoner, past demonstration skier and nationally ranked whitewater kayaking competitor, has climbed the highest peaks in both Canada and the United States, holds the running record for the Chilcoot Pass in the Yukon and has even golfed at the North Pole!

